

Oklahoma Climbing Team

The mission of the Oklahoma Climbing Team is to promote and develop strong climbers by teaching the principles of leadership, sportsmanship, commitment, and teamwork in a fun and safe climbing environment while enhancing the self esteem, confidence, and fitness level of each climber. The goal of our team is to represent climbing throughout the state of Oklahoma and compete at the highest level possible and to cultivate other climbing opportunities for a lifelong pursuit.

Oklahoma Climbing Team coaches are highly motivated, seasoned climbers, and competitors and maintain Coaches' Certification through USA Climbing. (<http://usaclimbing.org>)

The Oklahoma Climbing Team and Rocktown Climbing Gym are members of USA Climbing, the nationally governing body of competition climbing in the United States.

When does the season start?

Try-outs for the season are August 28 at 6:30 pm. The 2011-2012 season begins on September 1 and goes through May 2012. This includes both the bouldering competitions and sport climbing competitions (ABS & SCS series).

How old do I have to be?

The categories set by USA Climbing range from age 8 to 18 and are divided into male and female categories.

What is required to be on the team?

- Some climbing experience (we recommend our Climbing Club for brand new climbers)
- A personal invitation or successful try-out (Try-outs are August 28 at 6:30 pm)
- Participation in local competitions and Regional competition with the possibility of qualifying for Divisional, National and even World Cup competitions.
- Attendance of weekly team practices (Tuesday & Thursday from 4:30-6:20 pm) and one weekend climbing session.



How much does it cost and what is included?

- Monthly dues of \$100
 - *Includes Rocktown Gym Membership*
 - *Professional coaching (twice weekly, ~2.2 hour sessions)*
 - *Official Climbing Team Uniform (shirt, chalk bag, other items optional)*
 - *Discounts on climbing equipment*
- Coaching fees for each competition - \$25/local & Regional (additional competitions require additional fees, TBD)



Expenses not included in team membership:

- Membership in USA Climbing (~\$100)
- Competition Registration fees (vary in cost from \$30-100/event)
- Any and all associated competition travel expenses
- Personal climbing equipment

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